

Formulary Optimization for Low Clinical Value Medications

Low Clinical Value Medications and Alternatives

Our Low Clinical Value medication program provides protection to you by preventing unnecessary spending on high-cost medications with low clinical value compared to alternatives available in the market. Through your pharmacy benefit plan, we provide you with better alternatives – equal or more effective medications at a lower cost.

Excluded Medication*	Use	Alternative Therapy	What You Should Do
Anti-inflammatory Agents			
diclofenac 1.5% topical solution	Osteoarthritis of the knee	OTC topical analgesic (ex Capsaicin) or oral NSAID agent (Rx or OTC)	Talk to your pharmacist about over-the-counter alternatives
Duexis	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID (ibuprofen) + generic acid reducer (famotidine)	Talk to your pharmacist about over-the-counter alternatives
fenopropfen 200 mg capsule	Osteoarthritis or Rheumatoid arthritis	generic OTC or Rx NSAID	Talk to your pharmacist about over-the-counter alternatives
Fenorthis 200 mg capsule	Osteoarthritis or Rheumatoid arthritis	generic OTC or Rx NSAID	Talk to your pharmacist about over-the-counter alternatives
Flector 1.3% patch	Acute pain control	Oral OTC or Rx NSAIDs, topical OTC Capsaicin cream, or OTC pain patches	Talk to your doctor about an alternative prescription
Pennsaid 2 %	Osteoarthritis of the knee	OTC topical analgesic (ex Capsaicin) or oral NSAID agent (Rx or OTC)	Talk to your pharmacist about over-the-counter alternatives
Qmiiiz ODT	Nonsteroidal anti-inflammatory drug (NSAID)	Generic Rx meloxicam (Mobic)	Talk to your doctor about an alternative prescription
Vimovo	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID (naproxen) + proton-pump inhibitor (esomeprazole)	Talk to your pharmacist about over-the-counter alternatives
Cardiovascular Agents			
Antihyperlipidemic			
Lovaza	High triglycerides	Generic OTC omega-3 fatty acids	Talk to your pharmacist about over-the-counter alternatives
Niacor	High triglycerides	OTC Niacin	Talk to your pharmacist about over-the-counter alternatives
omega-3-acid ethyl esters	High triglycerides	Generic OTC omega-3 fatty acids	Talk to your pharmacist about over-the-counter alternatives
Vascepa	High triglycerides	Generic OTC omega-3 fatty acids	Talk to your pharmacist about over-the-counter alternatives
Antihypertensives			
Consensi	High blood pressure + osteoarthritis	Generic Rx amlodipine (Norvasc) + generic Rx celecoxib (Celebrex)	Talk to your doctor about an alternative prescription
Diuretics			
CaroSpir suspension	Diuretic / cardiovascular agent	Generic Rx spironolactone tablets (can be compounded to liquid by a pharmacist)	Talk to your doctor about an alternative prescription
Central Nervous System Agents			
Anti-Parkinson Agents			
Gocovri	Parkinson's tremors	Generic Rx immediate release amantadine	Talk to your doctor about an alternative prescription
Osmolex ER	Parkinson's tremors	Generic Rx immediate release amantadine	Talk to your doctor about an alternative prescription
Hypnotics/Sedatives/Sleep Disorder Agents			
Edluar	Insomnia	Generic Rx zolpidem (Ambien)	Talk to your doctor about an alternative prescription
Migraine Products			
Cambia powder packet	Migraine relief	Generic Rx antimigraine agent such as sumatriptan (Imitrex)	Talk to your doctor about an alternative prescription
sumatriptan / naproxen	Migraine relief	Generic Rx sumatriptan (Imitrex) + as needed OTC NSAID (naproxen)	Talk to your doctor about an alternative prescription
Treximet	Migraine relief	Generic Rx sumatriptan (Imitrex) + as needed OTC NSAID (naproxen)	Talk to your doctor about an alternative prescription
Musculoskeletal Therapy Agents			
Amrix	Muscle relaxant	Generic Rx cyclobenzaprine (Flexeril)	Talk to your doctor about an alternative prescription
Neurological Agents			
Gralise	Postherpetic neuralgia (nerve condition)	Generic Rx immediate release gabapentin (Neurontin)	Talk to your doctor about an alternative prescription
Trokendi XR	Migraine prevention or anticonvulsant	Generic Rx immediate release topiramate (Topamax)	Talk to your doctor about an alternative prescription
Dermatological Agents			
Alcortin A external gel	Non-inflammatory skin disease	Generic Rx iodoquinol / hydrocortisone (Dermazene or Vytone)	Talk to your doctor about an alternative prescription
Altreno 0.05% lotion	Topical acne lotion	OTC benzoyl peroxide or salicylic acid acne treatment	Talk to your pharmacist about over-the-counter alternatives
Bryhali 0.01% lotion	Topical steroid lotion	Generic Rx topical steroid such as triamcinolone or alternate halobetasol formulation	Talk to your doctor about an alternative prescription
doxepin 5% cream	Topical emollient	OTC diphenhydramine or topical OTC or Rx steroid cream	Talk to your pharmacist about over-the-counter alternatives
EpiCeram Skin Barrier	Skin lubricant, mositurizer, or barrier	Topical OTC emollient such as Aquaphor or Vaseline	Talk to your pharmacist about over-the-counter alternatives
Enty emulsion spray	Topical emollient	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives
Jublia	Toe nail fungus	Oral generic Rx terbinafine (Lamisil)	Talk to your doctor about an alternative prescription
KamDoy Rx skin emulsion	Topical emollient	OTC topical lidocaine with emollient such as Vaseline or Aquaphor	Talk to your pharmacist about over-the-counter alternatives
Kerydin	Toe nail fungus	Oral generic Rx terbinafine (Lamisil)	Talk to your doctor about an alternative prescription
Luzu 1% cream	Topical antifungal	Topical OTC antifungal such as Lotrimin or topical generic Rx such as ketoconazole	Talk to your pharmacist about over-the-counter alternatives
Novacort gel	Non-inflammatory skin disease	Generic Rx topical corticosteroid or OTC Preparation H	Talk to your pharmacist about over-the-counter alternatives
Pramosone cream	Non-inflammatory skin disease	Generic Rx topical corticosteroid or OTC Preparation H	Talk to your pharmacist about over-the-counter alternatives
Prudoxin 5% cream	Topical emollient	OTC diphenhydramine or topical OTC or Rx steroid cream	Talk to your pharmacist about over-the-counter alternatives
Sil-K pad	Topical emollient	OTC Duoderm products	Talk to your pharmacist about over-the-counter alternatives
Synerderm emulsion	Topical emollient	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives
Zonalon 5% cream	Topical emollient	OTC diphenhydramine or topical OTC or Rx steroid cream	Talk to your pharmacist about over-the-counter alternatives
Endocrine and Metabolic Agents			
Antidiabetics			
Glumetza	Oral antidiabetic agent	Generic Rx metformin ER (Glucophage XR formulation)	Talk to your doctor about an alternative prescription
metformin ER gastric or MOD	Oral antidiabetic agent	Generic Rx metformin ER (Glucophage XR formulation)	Talk to your doctor about an alternative prescription
Corticosteroids			
Rayos	Steroidal anti-inflammatory	Generic Rx prednisone or methylprednisolone	Talk to your doctor about an alternative prescription
Gastrointestinal Agents			
omeprazole / sodium bicarbonate	Heart burn	Generic Rx or OTC proton-pump inhibitor + OTC Tums	Talk to your pharmacist about over-the-counter alternatives
Zegerid	Heart burn	Generic Rx or OTC proton-pump inhibitor + OTC Tums	Talk to your pharmacist about over-the-counter alternatives
Hematological Agents			
Yosprala	Secondary prevention of cardiovascular event	Generic OTC aspirin + OTC omeprazole (Prilosec)	Talk to your pharmacist about over-the-counter alternatives
Nutrients and Nutritional Agents			
Dietary Management agents (such as Mebolic, Xyzbac, etc)	Dietary supplement	OTC multivitamin plus OTC CoQ10 + Rx folic acid	Talk to your pharmacist about over-the-counter alternatives
Nascobal nasal solution	Vitamin B-12 supplement	OTC oral vitamin B-12 or Rx injectable vitamin B-12	Talk to your pharmacist about over-the-counter alternatives
Ophthalmic and Otic Agents			
Cequa 0.09% ophthalmic solution	Dry eye relief	OTC ophthalmic lubricants	Talk to your pharmacist about over-the-counter alternatives
Vyzulta 0.024% ophthalmic solution	Glaucoma	Generic Rx latanoprost (Xalatan)	Talk to your doctor about an alternative prescription
Xiidra 5% ophthalmic solution	Dry eye disease	OTC ophthalmic antihistamine or lubricant or Rx generic olopatadine (Patanol)	Talk to your pharmacist about over-the-counter alternatives
Respiratory Agents			
Cough/Cold/Allergy/Antihistamine			
Claritin	Allergy relief	OTC antihistamine	Talk to your pharmacist about over-the-counter alternatives
Claritin-D	Allergy relief	OTC antihistamine + decongestant	Talk to your pharmacist about over-the-counter alternatives
SSKI	Expectorant or antidote	OTC Mucinex for expectorant or OTC ThyroShield for antidote	Talk to your pharmacist about over-the-counter alternatives
Nasal Agents- Systemic And Topical			
Sinuva	Nasal polyps	OTC fluticasone (Flonase) nasal spray or oral antihistamine + decongestant	Talk to your pharmacist about over-the-counter alternatives
Xhance	Allergy relief	OTC fluticasone (Flonase) nasal spray or oral antihistamine + decongestant	Talk to your pharmacist about over-the-counter alternatives

* Any current or future generic alternatives of the listed brand medications also are excluded.

Questions?

If you have any questions about your plan coverage, contact our Member Services team by calling 800.334.8134 or emailing RxHelp@RxBenefits.com.